

Series: From Burnout to Balance - part 3
"REMEMBERING WHAT MATTERS MOST"

Why are we always trying to do so much?

Because we forget what matters most

"Lord, remind me how brief my time on earth will be." Ps. 39:4 (NLT)

"Teach us to make the most of our time." Ps. 90:12 (NLT)

3 TRUTHS TO REMEMBER EVERY DAY

1. THE BEST USE OF LIFE IS LOVE!

"Let love be your highest goal." 1 Cor. 14:1a (NLT)

- **God says love is what life is all about**

"No matter what I say, what I believe, and what I do, I'm bankrupt without love." 1 Cor. 13:3 (Mes)

"'You must love the Lord your God with all your heart, all your soul, and all your mind.' This is the first and greatest commandment. A second is equally important: 'Love your neighbor as yourself.'" Matt. 22:39 (NLT)

- **Love will last forever**

"There are three things that will endure – faith, hope, and love – and the greatest of these is love." 1 Cor. 13:13 (NLT)

2. THE BEST EXPRESSION OF LOVE IS TIME!

You spell love

T I M E

"We must show love through actions that are sincere, not through empty words." 1 John 3:18 (GW)

The best use of time is. . .

FOCUSED ATTENTION

"Live a life filled with love for others, following the example of Christ, who loved you and gave Himself as a sacrifice to take away your sins." Eph. 5:2 (NLT)

3. THE BEST TIME TO LOVE IS NOW!

"Whenever we have the opportunity, we should do good to everyone..." Gal. 6:10 (NLT)

"Use every chance you have for doing good." Eph. 5:16 (NCV)

“Whenever you possibly can, do good to those who need it. Never tell your neighbors to wait until tomorrow if you can help them now.” Pr. 3:27-28 (GN)